

## Contact Us

-->

---

## Contact Us

LMAT building, 257a High Road,  
Loughton, Essex, IG10 1AD

Telephone: +44 (0)1827 305940

e-mail: [helpdesk@tlm.org.uk](mailto:helpdesk@tlm.org.uk) [1]

If you know the e-mail address of your account manager that is a good way to get in contact. Generally e-mail addresses are of the form; [firstname.secondname@tlm.org.uk](mailto:firstname.secondname@tlm.org.uk) [2]. We avoid posting the actual e-mail addresses in web pages because of the spam it can generate.

## Web contact form

Category \*      General  
Sales  
Support  
Complaint

Summary \*  
Description  
Your name \*  
Email \*

CAPTCHA Please enter the characters you see into the box below: (case sensitive)

Math question \* 1 + 4 =      Solve this simple math problem and enter the result. E.g. for 1+3, enter 4.

**Source URL:** <https://baseline.theingots.org/contact>

### Links

[1] <mailto:helpdesk@tlm.org.uk>

[2] <mailto:firstname.secondname@tlm.org.uk>